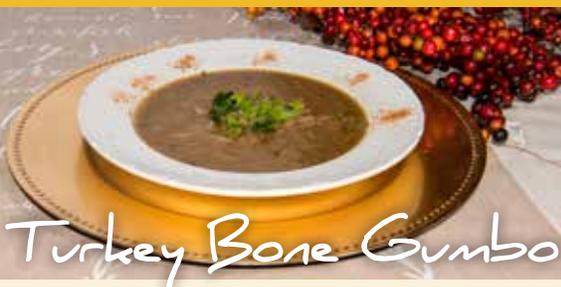




## SPA-INSPIRED *Master Suite*

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## Turkey Bone Gumbo

Recipes from  
*Erich's Kitchen*

Turkey Bone Gumbo is a recipe from Emeril Lagasse. It has become one of my

favorite recipes to make after thanksgiving. I deep fry and smoke turkeys every year. I save those carcasses to make my turkey stock. This gives it a very unique flavor. Don't be afraid to add some of the left over turkey meat if you like a meatier gumbo. This is a great recipe for the freezer as well. Enjoy my friends.

### Ingredients

- 3/4 cup vegetable oil
- 3/4 cup flour
- 2 cups chopped onions
- 1/2 cup chopped bell peppers
- 1/2 cup chopped celery
- 1 teaspoons salt
- 1/2 teaspoon cayenne
- 1/2 pound smoked sausage, such as andouille cut in rounds about 1/4" thick
- 2 quarts Turkey Broth
- Reserved turkey meat and vegetables from making turkey broth
- 2 tablespoons chopped parsley
- 2 tablespoons chopped green onions=cut the onions on the bias

### Directions

Combine the oil and flour in a large heavy bottom or cast iron pot over medium heat stirring slowly and constantly make a roux the color of chocolate. Don't burn the roux. This will take about 20-25 minutes. Add the onions bell peppers, celery salt and cayenne pepper to the roux. Let cook for about 5 minutes. Then add the sausage stirring often for another 5 minutes. Now add the broth and reduce the heat to medium low and simmer for about 45 minutes. Add the reserved turkey, celery and onions. Serve the gumbo in bowls with rice. Add the green onions and parsley as a garnish.



### Turkey Broth Ingredients

- Turkey Carcass
- 3 ribs of celery
- 2 medium onions quartered
- 4 quarts of water to cover the carcass
- 2 teaspoons salt
- 1 tablespoon of black pepper corns
- 4 bay leaves

### Directions

To make the broth put all the ingredients in a stock pot and bring to a boil. Let simmer for 2 hours. Remove the carcass and strain the broth through a fine mesh sieve. Pick the meat off the carcass. Reserve the onions and celery. Everyone's broth will be a little different depending upon how you made your turkey.

# SPA-INSPIRED *Master Suite*

Whenever homeowners envision the master suite of their dreams, it is almost always a spa-like hide-away where they can escape the stresses of daily life. The master suite of The New American Home 2017 is a prime example of this kind of retreat.

The master suite is located in a secluded section of the home's layout, distanced from the more public living spaces yet connected directly to the outdoor lanai and pool area. A restful ambience permeates the master suite, originating in the simple modern lines and clean white surfaces throughout.

In the master bedroom, a full-height cushioned headboard adds texture and muffles sound to ensure a quiet, relaxing environment. A horizontal fire feature creates an inviting atmosphere, while also providing warmth on chilly evenings. Floor-to-ceiling sliding glass doors allow the bedroom to open completely to the outside, making the beautiful natural surroundings a visual part of the interior. The doors also open to a protected outdoor sitting area



Photo: Courtesy of Jeff Davis Photography

with a fireplace, which in turn leads to a glass enclosed fitness room. An adjoining steam room refreshes the body after workouts and removes toxins.

The master bath is a spacious open wet room with no curtains or glass partitions for the shower. A multitude of shower heads and programmable body sprays make showering a refreshing experience. The body sprays are connected to the internet, so changing the selection of spray patterns is effortless. The absence of curbs and the comfortable bench of Brazilian wood provide the shower area with universal design benefits. A freestanding oval soaking tub rests serenely in the corner next to the floor-to-ceiling windows. Natural light streams through the windows made of frosted glass for privacy. A separate water closet accommodates a smart toilet offering many advanced spa features, including a foot warmer, a deodorizer, built-in speakers for playing your choice of music, and a bidet with personal water temperature settings.



Photo: Courtesy of Jeff Davis Photography



Photo: Courtesy of Jeff Davis Photography

The master suite is also outfitted with a private laundry room and two spacious walk-in closets—one that doubles as a safe room for shelter if needed during storms. In every case, products used in this master suite were carefully selected to meet the most rigorous environmental standards for water savings and energy efficiency.

## Smart Connections

When it comes to smart technology for the home, homeowners have already benefited from the availability of Wi-Fi enabled security cameras that keep watch over their home's premises, smart home thermostats that help them save on home energy costs, and motion sensors that turn lights on and off throughout their homes as needed. However, what has been lacking so far is useful technology for their kitchens and baths, which are typically the most active areas in the home.

In the U.S. more than 500 adults, divided equally between male and female, recently participated in a survey conducted by Field Agent, a mobile research firm. The findings indicated that only 30 percent of those surveyed currently own smart tech for the home, but 81 percent are excited about the idea of updating their kitchens and bathrooms with Wi-Fi enabled appliances or electronics in the future. They primarily look forward to the convenience and safety this technology can bring to their life style. The 2017 Builders' Show introduced several new possibilities that may have met the mark. Here are three examples:



Photos: Courtesy of Kohler (kohler.com)



# FLOATING VANITIES

Beautiful bathrooms by today's standards are those that are simple and serene. But when your life is super hectic, is it even possible to maintain that calm, uncluttered atmosphere in your beautiful bathroom? Yes, provided your cabinetry is designed for organization and ease of maintenance.

Cabinet manufacturers are now offering many organizational solutions in bathroom vanities that help make your morning

routine go much smoother. There are drawer dividers that assist you in arranging your toiletries and makeup so everything is easy to find and put away again. Pull-out drawers may be designed specifically for storing small appliances, like hair dryers and curling irons. Some pull-out drawers feature built-in electrical outlets so you can keep your electric toothbrushes and razors charged and ready for use.

A stylish wall-hung vanity—often called a floating vanity—provides that clean and open look that enhances your sense of tranquility. If your bathroom is small, a floating vanity can make it feel more spacious. A floating vanity can be installed at your preferred height that gives you the most comfortable ergonomic experience as you bend over the sink. In addition, the absence of a cabinet base or furniture legs makes for easier cleaning under a wall-hung vanity.



Photo: Courtesy of GE Appliances (geappliances.com)



Photo: Courtesy of Brinks Home Security (mybrinkshome.com)



Photo: Courtesy of Moen (moen.com)

## Kitchen

- GE Appliances demonstrated their new suite of kitchen appliances that collaborates with Amazon's Alexa and Echo to enable hands-free convenience through voice control. The suite includes refrigerators, dishwashers, wall ovens and ranges, plus laundry and more. You can preheat your oven, find out when your dishwasher cycle will be finished, or make any number of other requests—all with the sound of your voice.

## Entry Door

- Brinks Home Security Array deadbolt is a cloud- and app-based smart lock that uses the home Wi-Fi connection. With the array, homeowners can unlock their doors, provide and manage access

remotely, and view user and battery data four different ways—smartphone, smartwatch, keypad and key. The Array won the Best Indoor Living Product award at the Builders' Show.

## Bath

- Moen presented their U by Moen shower technology, a Wi-Fi/ cloud-based digital shower that offers mobile connectivity. It allows you to control your shower preferences through a smartphone app. You can customize everything from time to temperature. If you need to get a little more shut-eye in the morning, you can get the shower going from your bed and it will notify you when it's ready to go.

Recipes from Erich's Kitchen

Farmhouse Kitchen Revival

Spa-Inspired Master Suite

Smart Connections



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# FARMHOUSE KITCHEN REVIVAL

Our long time client approached us with their "new" farmhouse they had purchased and the kitchen remodeling project they desired to have done. She is a huge cook, gardener, and has a full house of kids to go with it. They desired a new kitchen that would complement her skills and better support her family and their activities.

The farmhouse was built in 1903 so we knew there were going to be plenty of challenges to overcome. The ceiling was full of soffits and a significantly sloped ceiling running to the back of the house. Also, the beam and post running in the middle of the kitchen needed to be investigated. The goal was to, hopefully, eliminate the beam and post from the new design.

As demolition began, we discovered multiple structural issues with the roof and a previous upstairs bath addition. The load from one of the walls in the upstairs bath was not properly supported down through the first floor. As with any type of construction, you find surprises, fix them, and move ahead. We properly corrected the load bearing issues and reframed the roof. We were able to eliminate the beam, post, and soffits and utilize the added ceiling height in the new design.

Appliance layout was completely changed in the new design. The refrigerator used to be at the far end and always caused traffic jams. With added ceiling height, the refrigerator was moved to the long wall. The original range was in the island, which our client hated. We were able to move it to the end of the kitchen with counter space on both sides and a working hood. With the post gone, we were able to make a longer, larger island with contiguous countertop space.

A large island with seating allows the kids to do crafts and homework at the island while our client cooks. We designed tall storage cabinetry at the far end of the kitchen to hold all of the craft materials. Both of these were important to our client in the design of the new kitchen.



The Vulga Blue granite contrasts the stunning white cabinets beautifully. Add in a simple 3"x6" brick backsplash with grey tones and this kitchen screams gorgeous.

Finally, what kind of farmhouse kitchen would this be without a farmhouse sink? Kohler's beautiful, Whitehaven apron front sink puts the cherry on top of this kitchen. It became a complete, modern kitchen remodel with the old farmhouse feel. Contact us today to begin your own dream kitchen remodel!